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Examples of Ideas from Past Training Sessions

Clubs & activities with publications for Chapter members to scan to identify potential NARFE members (current workers, retirees, spouses):

- camera clubs
- art lesson groups
- ham radio club
- volunteer activities you are involved in
 - Volunteer Fire Dept
 - Hospital auxiliaries
- professional associations, museums, theater groups you belong to
- sports, exercise groups
- homeowners associations

- newspapers, especially the smaller community newspapers, and the free business-oriented or promotional magazines often found at libraries, exercise clubs, community centers, and restaurants.

Events/conferences Chapter members attend:

- Conventions of prof. ass'ns
- Genealogy conferences
- Cooking or art classes
- Concerts/plays
- Ball games
- Civil War re-enactments
- Waiting rooms (mechanics, doctors)
- Waiting to board planes

Locations to leave meeting notices/flyers at:

- Library
- Grocery stores
- Golf clubs
- Community Center
- bakery/coffee shop
- Rec centers
- Post Office
- Health clubs/YMCA's
- Senior centers

Also: If you are in a housing association development:

- Try to get articles/place notices in the Association's newsletter
- Check if the Association keeps a list of civic and other organizations, and if so, get on it.

Also: Contact the President of those organizations likely to have active/retired Federal employees, or spouses thereof, as members and ask to speak to the organization.

Local Community events:

- local festivals/farmer's markets
- Pre-retirement Expos
- Apple Blossom Festival
- Senior Expos
- Court Days
- Chautauqua Festival

- Ramp Festival
- Fall Festivals
- Fries by the River Festival
- Daffodil Festival
- Hillsville Swap Meet
- Rivah Fest
- Maple Festival

Charity Opportunities:

- Blood drives
- 5K/relay runs – for MS, cancer, etc.
- Sponsor a water stop for runners/bike riders
- Voter registration projects (non-partisan basis)
- Sign-up for “Adopt-a-Highway” in a highly traveled area.
- Sign-up for slots at local homeless shelters, battered women shelters, hospice, etc. – or conduct drives for food or supplies.
- Fundraising for Alzheimer’s Research
- Participate in PBS Fundraisers – issue a NARFE challenge
- Wounded Warriors
- Outhouse Races
- Hospice

Note: These are also opportunities for you to interact with other participants and discover whether they are potential NARFE recruits.

• Participate – as a NARFE member – in Career Day in local schools. (If possible, ask students if their parents are Federal employees/retirees – and mention checking www.narfe.org for more information)

Speakers/program topics (in addition to politicians):

- authors (especially historical)
- heart specialist
- naturalist
- representative of Wounded Warriors
- speakers from NARFE Nat’l HQ
- sports figures
- music programs
- exercise experts
- bee-keeper
- pharmacist
- cookout/picnic
- meteorologist
- fishing captain
- museum curator
- dietitian
- park ranger
- wine tasting
- scientists
- behind the scenes tours of:
 - medical facilities (e.g., Inova Hospital heart surgery)
 - Jefferson Labs, Newport News (involved in accelerator research)
 - theaters
 - sports facilities

Hold activities/attend events outside of meetings:

- fishing trips
- skiing
- antique crawls
- trip to the zoo
- arts & crafts fairs
- nature hikes
- museum trips
- ball games
- kayaking
- car races
- bike rides
- cruise to dinner, etc.
- fruit picking/festival
- wine tastings
- Bluegrass music festivals

- local plays
- NARFE night at professional plays
- Fiddlers Conventions
- set up a crab picken' afternoon (possibly with several Chapters?)
- trip to amusement park (possibly with several Chapters?)