



Healthy
 Retired
 Wise

High Option benefits include:

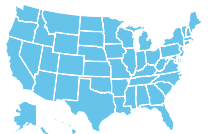
- **National coverage: See any doctor or use any facility you wish; no referrals or network to worry about***
- **No deductible or coinsurance on covered expenses (including hospital stays)***
- **APWU Health Plan will coordinate with Medicare for you; no additional paperwork**
- **Discounts on eye care and hearing needs**
- **Shingles vaccine covered at 100%**
- **Strong pharmacy benefits, including mail order with auto refills and on average, better coverage than Medicare Part D**
- **Cancer Centers of Excellence**

** High Option members with Medicare Part A and B*

2019 APWU Retiree Monthly High Option Rates

Self Only: \$227.50
Self Plus One: \$458.44
Self and Family: \$604.72

Comprehensive coverage



Affordable premiums



The personal touch from people who care



Best wishes for a successful Virginia Federation of NARFE Convention 2019

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TOGETHER.
BETTER HEALTH.